



*Supporting  
individuals  
in crisis through  
gifts and grants*

**Our Charitable Giving team help people to live independently in their own communities for as long as possible. We do this by helping with one-off gifts or by supporting people through a financial crisis.**

If you or someone you know meet the following criteria we may be able to help:

- ◆ Live in Bristol, South Gloucestershire, North Somerset or Bath and North East Somerset
- ◆ Have a physical disability, long-term physical health problem, or mental health problem
- ◆ Have a low income with no or limited savings
- ◆ Are aged 50 or over



For more information call **0117 949 4003**  
or apply online at:

**[www.stmonicastrust.org.uk/charitable-impact/charitable-giving](http://www.stmonicastrust.org.uk/charitable-impact/charitable-giving)**

St Monica Trust, Cote Lane, Bristol BS9 3UN  
Registered charity 202151



St Monica Trust

**Charitable Impact**

Giving support for over 100 years